

## Domestic Violence: Where to Get Help

### Where to go for more information or to find help.

If you are in an abusive relationship—or know someone who is—the following resources can help.

| Domestic Violence Resources                                                                                                                                                                                                                                    | Contact Information                                                                                                       |
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| <b>National Domestic Violence Hotline</b><br>For local domestic violence programs near you check the blue pages in your phone book under the heading of "Abuse/Assault."                                                                                       | Phone: (800) 799-7233<br>TTY: (800) 787-3224<br>Web: <a href="http://www.ndvh.org">www.ndvh.org</a>                       |
| <b>Pennsylvania Coalition Against Domestic Violence</b><br>Administrative offices of the statewide network of domestic violence services, information and referral during business hours.                                                                      | Phone: (800) 932-4632<br>TTY: (800) 553-2508<br>Web: <a href="http://www.pcadv.org">www.pcadv.org</a>                     |
| <b>Pennsylvania Department of Health</b><br>Visit the Department of Health's Web site for domestic violence materials in English and Spanish. Click on "Pamphlets and Publications" for item numbers and an order form.                                        | Phone: (877) PA-HEALTH<br>Web: <a href="http://www.health.state.pa.us">www.health.state.pa.us</a>                         |
| <b>Domestic Violence Mental Health Policy Initiative</b><br>A project designed to address the unmet mental health needs of domestic violence survivors and their children.                                                                                     | Phone: (312) 726-7020<br>Web: <a href="http://www.dvmhpi.org">www.dvmhpi.org</a>                                          |
| <b>Family Violence Prevention Fund's National Health Resource Center on Domestic Violence.</b><br>Technical assistance and downloadable documents and information are available on the Web site.                                                               | Phone: (888) Rx-ABUSE<br>TTY: (800) 595-4889<br>Web: <a href="http://www.endabuse.org/health">www.endabuse.org/health</a> |
| <b>Pennsylvania Coalition Against Rape</b><br>Statewide network of sexual violence crisis centers for information, referral and resources.                                                                                                                     | Phone: (888) 772-PCAR<br>Web: <a href="http://www.pcar.org">www.pcar.org</a>                                              |
| <b>The Agency for Healthcare Quality and Research</b><br>The Agency for Healthcare Quality and Research has a downloadable evaluation tool that health care organizations can use to assess the quality and effectiveness of their domestic violence programs. | Web: <a href="http://www.ahrq.gov/research/domesticviol">www.ahrq.gov/research/domesticviol</a>                           |

For more information or additional copies of this document please contact the Pennsylvania Medical Society's Member Services Department at (800) 228-7823.