

Information for pregnant patients seeking dental care



Keystone First

Coverage by Vista Health Plan, an independent licensee of the Blue Cross and Blue Shield Association.

Please provide the following information:

Today's date:

Patient's name:

Date of birth:

Expected due date:

This patient is a Keystone First – CHIP Enrollee and a patient of record. This patient is encouraged to seek and/or continue dental treatment due to the evidence-based research demonstrating a relationship between oral health and pregnancy outcomes. (*Oral Health Care During Pregnancy: A National Consensus Statement*. National Maternal and Child Oral Health Resource Center, 2012.)

The standard protocol for dental treatment of a pregnant patient includes:

- Necessary radiographs using a lead apron over the abdomen and thyroid.
- Restorative and prophylaxis care (including scaling and root planing if necessary), and or extractions.
- Local anesthetic, 2% lidocaine.
- If antibiotic is needed, Category B drugs such as amoxicillin, erythromycin, cephalosporins.
- If non-narcotic pain management is needed, Category B drugs such as over-the-counter acetaminophen may be used.
- If narcotic pain management is needed, acetaminophen with codeine #3 during first and second trimesters.
- Oral rinse chlorhexidine gluconate 0.12%.
- Prescribed preventive agents such as PreviDent, Fluoridex, and Clinpro dentifrices.

I agree with the above protocols and for the above-named patient to have dental treatment.

Name of obstetrics/gynecology provider:

Signature of provider:

Phone/email address of provider:

I disagree with the above protocol for reasons stated below:

Signature of provider: